

# Try Saying Something Else

Kids with a fixed mindset believe they can't improve. Kids with a growth mindset believe they can improve by using successful strategies and working hard. Help your child decide which phrases belong in each column.

## Fixed Mindset

## Growth Mindset

*Cut out these phrases and decide which column to glue or tape them into:*

I can't do this.

This is too hard.

I need help understanding this.

It's not going to work anyway.

I can learn from this mistake.

What can I learn from my friend?

It'll take me some time to get this.

I'll never get any better at this.

I give up.

I tried and it didn't work.

I'm just not good at this.

I'll try it a different way.